

Welcome to Eaton Therapeutic Center

For over twenty years Eaton Therapeutic Center (ETC) has been helping clients to achieve their highest sense of wellness. Massage therapy is an excellent choice for those seeking to heal, nurture, and relax their bodies. In addition to massage, we offer the latest modalities to help aide in the healing and relaxation process. These modalities include Nutrition, Hydrotherapy, Contact Reflex Analysis, the Vibrational Integrated Bio-photonic Energizer (VIBE), Cold Laser Therapy, Footbath Detox (Hydro-Cleanse), Raindrop therapy, Mud Wraps and our Chi machine.

The Center has experienced Certified Massage Therapists (CMTs), along with students from the Academy of Natural Therapy. When making your reservation you have the choice to book with a CMT or a student, just let us know your preference. Here at ETC, our staff is committed to providing you with the best possible experience. We are here for you and your needs...this is your time.

Etiquette

Appointments are requested. Arrive 15-minutes prior to your scheduled appointment, allowing time to relax and unwind with a cup of tea or juice. If using the hot tub, sauna or tanning bed, allow thirty minutes. For first-time clients, please take a few minutes to fill out paperwork. Eaton Therapeutic Center understands that emergencies do arise, however, we ask for a **24-hour advance notice of cancellation**. Failure to cancel your appointment within 24-hours will result in a \$30 charge that will be billed to you. **Payment** is due at the completion of your appointment. We gladly accept cash, checks, VISA, MasterCard and Discover. We also accept **Insurance** (Medicaid and Medicare excluded). A signed prescription is needed from your doctor with a diagnosis. Prices and services are subject to change without notice.

Body Treatments

Improve the look and feel of your body by nurturing it in different ways. Most of these treatments will boost your immune system against impurities in the environment. All Body Treatments include a complimentary soak in the hot tub or tanning session the day of visit.

Lavender Salt Glow

This special treatment thoroughly exfoliates the skin. It will remove surface dirt and impurities on the skin that build up over time. After this treatment, you will be amazed at how soft your skin feels. The hand-made mixture includes ingredients of kelp, sea salt, and lavender essential oils.

1 hour \$70

Sea Clay Contour Wrap

The average customer will lose 8-10 inches on their first mud wrap. This is not a “water loss product,” so your inches should stay off, if you follow the after wrap instructions. This wrap compresses and compacts the skin, drawing out built-up toxins through the pores. We suggest 3 treatments for optimum results.

1 session \$70
3 session \$195

Partial Body Contour Wrap (choose 3 body parts)

Choose three areas that concern you most and we can focus detoxifying on those specific areas.

1 session \$60

Herbal Mud Wrap

Choose the herbal mud wrap after colds to boost your immune system and detox your body. Not recommended for those with allergies to ragweed or chamomile.

1 session \$70

Tanning Bed

Tanning may have positive emotional side effects for people who work inside buildings most of the day. During the winter months, many of our clients have found that tanning for short periods of time helps ward off winter depression.

1 visit \$5
5 visits \$20
10 visits \$30
15 visits \$37

Sauna & Hot Tubs

The hot tub will help your muscles relax and allow the massage therapist to massage deeper into your muscles. If you are healing from an accident, Hydrotherapy may accelerate your healing process; ask your therapist for more details. You are also welcome to enjoy the hot tub without an appointment. The sauna helps with detoxifying.

Per visit \$2.50

Nutrition & Well-being

ETC is enthusiastic about you achieving optimum health by providing safe and alternative methods for treatments. In our twenty plus years of service, we have seen positive results in our loyal clientele.

Standard Process Nutrition 🌿

Eaton Therapeutic Center supplies whole food nutrition from a 75 year old leader in the industry, Standard Process, Inc. We have helped thousands of people achieve optimum health from problems that had been ailing them for years by suggesting certain nutrition for specific problems. Often clients receive a Contact Reflex Analysis and buy nutrition to focus on what their body specifically needs.

Contact Reflex Analysis (CRA) 🌿

A CRA is a well-researched method of muscle testing that uses reflex points to determine what your body needs. A CRA session can help with problems such as allergies, pain, acne, headaches, fatigue, ulcers, colds, thyroid problems, bladder infections, and much more.

1st visit \$20 Check-up \$12

Low Level Laser Therapy 🌿

This therapy utilizes a cold laser beam to treat injuries to soft tissue such as a ligament, tendon, or muscle. It can reduce pain, inflammation, swelling, and promotes healing of damaged tissue. The low level laser can be effective when treating arthritis, acne, bronchitis, scar tissue, asthma, migraines and much more.

25 minutes \$34

55 minutes \$44

CRA, Blood Pressure, Diet Consultation & Plan 🌿

To achieve best results for weight-loss or healthy living you must have a starting point so you can track your progress. A CRA will review your physical and nutritional well-being. Your blood pressure will be logged, and a trained nutritionist will go over your current diet and help set goals for a more healthy diet.

1 hour \$45

Vibe Machine 🌿

The VIBE machine is a technological breakthrough that enhances the human body by helping reach its optimum vibration and energy on a cellular level. It has many long-term positive effects on the body, as it automatically eliminates the “unwanted vibrations” inside your body. Ask the receptionist for more details.

1 session \$10

10 sessions \$55

20 sessions \$100

Chi Machine 🌿

Clients use this machine to do passive aerobic exercise to improve their health and sense of well-being by temporarily relieving minor muscular aches, pains, and tension caused by fatigue or overexertion; temporarily increases local blood circulation and relaxes muscles locally.

In-house use 20 minutes \$3.00

Weekly rental \$30.00

Full Body Posture Analysis 🌿

What is your posture like? When the atlas and axis in your neck is off center, the body will try to conform to seek equilibrium, thus causing postural distortion. Stress, desk jobs and busy schedules can negatively influence the posture.

1 session \$35



Body Restoration

Body Restoration is a diverse collection of treatments that are most popular with our clientele. All Body Restoration treatments include a complimentary soak in the hot tub, or a tanning session the day of visit.

Raindrop Therapy

Restore your body with a variety of essential oils applied with a raindrop technique up and down the body. This technique balances the body and aligns energy centers. It's effective in boosting the immune system, relieving tension and sore muscles. The essential oils are used to extend the effects of your massage long after the treatment has finished.

1 hour \$65

Reiki

Reiki is a simple, natural and safe method of spiritual healing that everyone can use. Reiki brings balance to the physical, mental, spiritual and emotional dimensions.

Advantages include deep relaxation, feelings of peace, security and well-being. This therapy works well as a compliment to conventional medical treatments already in place.

1 hour \$55

1½ hours \$80

Mind Body Therapy

Mind Body acknowledges the body as a road map to help find stress and then guides the client toward healing solutions to relieve stress and relax the body. The method includes guided visualization, trauma release and muscle expression.

1½ hours \$85

Ear Candling

Ear Candling can help clean the ear canal of excess earwax. Many of our clients have this done every couple of months claiming that it improves their hearing. Ear candling can help to reduce simple ear infections.

\$30

Hydro-Cleanse Detoxification (Footbath)

Over time your body will retain many toxins from unhealthy foods, alcohol, heavy metals or environmental pollution. These toxins will lead to feeling sluggish and weaken the immune system. The footbath can detoxify your entire body by drawing out the toxins through the biggest pores in the body, which are on the feet.

1 session \$25

5 sessions \$120

Hand & Feet Reflexology

This is effective in relieving stress, tension, and improving nerve and blood supply. There are reflexes on the hand and feet that relate to all organs, glands and parts of the body. By stimulating these reflexes a therapist can bring about positive health benefits to the client.

½ hour \$36

1 hour \$55

Student \$30

Reflexology Pick-Me-Up (Feet only)

Massaging the different parts of the foot will let the therapist know if you have soreness on a particular area of the body as well as what nutritional needs you may need. Plus, foot reflexology is extremely relaxing.

½ hour \$36

1 hour \$55

Student \$30

The Massage Experience

Therapeutic massage benefits your body on many levels. Reserve a certain massage for your specific needs. All massages include a complimentary soak in the hot tub, or a tanning session the day of visit.

Swedish Massage (Relaxation) 🌿

The soothing Swedish massage increases circulation with long graceful strokes and also helps to stimulate the immune system.

1 hour \$55

1½ hours \$80

Hot Stone Massage 🌿

The heated, moist rocks are placed strategically on the body to bring your body into equilibrium and promote deep relaxation. It is combined with gentle deep tissue massage.

1½ hours \$80

Massage for Two 🌿

Begin your relaxation journey with a spouse or a friend while enjoying your beverage in the hot tub, and then choose regular or lavender-scented oil for your massage in the same room. End your journey indulging yourselves with Godiva chocolate.

1 hour \$115

Prenatal Massage 🌿

Prenatal massage is a wonderful way to help mothers cope with the changes pregnancy brings to their bodies. Prenatal massage is a great way to improve circulation, relieve leg cramping, ease back pain and other areas of soreness.

1 hour \$55

1½ hours \$80

Neuromuscular Massage (Mon-Sole Technique) 🌿

Deep tissue manipulations of the muscles and soft tissue that help the body and muscles learn to rehabilitate themselves; this facilitates the removal of pain and restores proper range of motion. Here at the clinic, we have helped thousands of people using our own method called the “Mon-Sole Technique.”

1 hour \$55

1½ hours \$80

Lymphatic Drainage Massage 🌿

Lymphatic massage increases lymphatic circulation and detoxifies the body. It includes a combination of pumping motions and gentle, rhythmical stroking. A few conditions that respond positively are mild edema, fatigue, arthritis, insomnia, and cellulite. Lymphatic massage is among the gentlest of massages yet has the most profound effect physiologically.

1 hour \$55

Shiatsu Massage 🌿

Shiatsu is effective in relieving pain associated with migraines, menstrual cramps, and emotional imbalances. Shiatsu offers you the option of remaining clothed or disrobing. This can be integrated with other types of massage.

1 hour \$55

1½ hours \$80

Student Massage (Students of Academy of Natural Therapy) 🌿

Students from the long-established Academy are in various stages of learning. All students can perform a Swedish massage. For deeper massages, ask for the availability of an advanced student or schedule with a Certified Massage Therapist.

1 hour \$30

1½ hours \$48

Chair Massage (Neck, Back, & Shoulder) 🌿

Chair massage is a short massage in which the client sits fully clothed on a special massage chair. This is a great idea for those having a business gathering, convention, bridal shower or other group event. This can be arranged at your location (please book with a 2-4 week notice).

15 minute \$18

20 minutes \$24

Sports Massage 🌿

Sports massage reduces the pain of hyperextension or strained muscles by improving blood circulation and focuses on major muscle groups involved in your specific sport. Receive a sports massage before and/or after your activities.

½ hour \$38

1 hour \$55

